LAKES REGION UPDATE, DELEGATE ASSEMBLY 2020
By Chris Long, UniServ Director, NEA-New Hampshire

LAKES REGION MEMBERSHIP STATS
Congrats to the members of the following local associations who understand and appreciate the benefits and importance of union membership. These local associations have welcomed 85% or more of their bargaining unit (eligible staff) as members.

- Alton TA (87%)
- Ashland TA (91%)
- Association of Campton Eds (97%)
- Gilmanton EA (91%)
- Inter-Lakes EA (92%)
- Plymouth Regional EA (86%)
- Plymouth Reg ESS (86%)

Special shout-out to Thornton Support Staff who recruited another 25% of potential members this year and Inter-Lakes EA who gained 11% of their potential members! Great membership building!!

LEARNING AND GROWING
Nine Lakes Region members, who are in leadership positions or are emerging as union-supporting leaders, attended Summer Leadership Week, August 5-9. Our UniServ Director, Chris Long, led with Rachel Hawkins his amazing two-day Collective Bargaining training. **In 2020, Chris will teach again. If you are bargaining in 20-21, you do NOT want to miss this class!**

The Laconia school district is heavily involved in our statewide PACE work, including members, administrators, and some non-member staff—there’s an outreach opportunity here!

And we hosted 36 Lakes Region members at our Fall Instructional Conference on October 11.

Upcoming Learning Opportunities:
- **NEA-NH Youth Suicide Prevention Conference on March 28; register by 3/15**
- **NEA-NH ESP Conference April 4; register by 3/22**
- **Summer Leadership Week, August 3-7, 2020**

Go to www.neanh.org to register.

GET INVOLVED—We need you!
Want to be on the Early Career Educators Committee or Conference & Awards Committee? Let Ally know.

WE ARE YOUR RESOURCES
Adjacent to this page.

LAKES REGION COUNCIL
All members are invited to Lakes Region Council!

September 19, 2019
Discussed: Meeting norms, professional development opportunities, training plan for the year, bargaining and legislative updates, membership drives, communication.

October 17, 2019
Discussed: Bargaining, M.O.M. tools to get your contract passed, suicide prevention law, Elevate & Educate campaign, ESP of the Year, the new FMLA law, a QR Code Survey for NEA, and American Education Week.

November 21, 2019
Guest: Ann Duckless, NAMI—Suicide Prevention
Discussed: Charter schools debate, SB 282 / RSA 193-J going into law, the ESP Conference, the Human & Civil Rights Committee projects, ESP Day and American Education Week.

January 23, 2020
Guests: Becky Butler, Carolyn Leite, NEA-NH Exec Board
Discussed: The proposed NEA-NH budget for ‘20-‘21 and organizing opportunities to get your contracts passed.

February 20, 2020
Guests: Officers Mark Schneible & Shaun St. Onge—Vaping in Schools
Discussed: Lakes website resources, pd opportunities, the Youth Suicide Prevention and the ESP Conferences.

Coming Up: 3/19 at Hart’s in Meredith; 4/16 at Patrick’s in Gilford; and 5/21 at Fugaky in Plymouth. Join us! Dinner and mileage are on us.
CONTRACTS THAT SETTLED—Awesome!
Alton Teachers Association
Association of Campton Educators
Gilford Education Association
Gilmanton Education Association
Holderness Education Association
Inter-Lakes Education Association
Plymouth Educational Support Personnel Association
Shaker Regional Education Association
Thornton Support Staff Association

HOT TOPICS
The new FMLA (Family Medical Leave Act)—
More access for part-time employees!
Code of Conduct—How is the new law playing out
and affecting certified employees?
Suicide Prevention Training—There’s a new training requirement
for all NH school employees and some volunteers.
Violence in Schools—What can be done?

WHAT DOES YOUR UNISERV STAFF DO TO
STAY SHARP IN MEETING YOUR NEEDS?

This year, Chris Long studied and trained extensively on the
He is teaching about Violence Against Educators at the upcoming
ESP Conference on April 4. In September, he attended a 2-
day Law Conference to stay current on the most pressing education
issues, and attended his National Staff Union education conference in January, 2020.

Ally Snyder attended training in trauma-sensitive schools and an
8.75 hr Mental Health First Aid—Youth training. Personally, she
does extensive research on working with students with special
needs and behavioral issues. She also attending trainings on:
Stress Relief, Union Values, Dealing with School Board Members
who are not friendly to education, Resisting Emotional Contagion,
Gratitude Journaling, Leadership Training, and the Power
of the 1:1 Conversation.

Both Chris and Ally have spent ten months studying Racial Bias
and how this affects our schools and lives—ongoing training at NEA-NH, with an in-depth book study of White Fragility, by Rob-
in DiAngelo, PhD.

You are important to us, and we work continually to stay sharp
and provide you the best information possible to do your jobs.

HUMAN & CIVIL RIGHTS COMMITTEE
One Lakes Region member, Terry Burlingame—Gilmanton
EA President—chairs the NEA-NH’s Human & Civil Rights
Committee. The committee plans events and provides education on poverty in NH, GLBTQ issues, bully-proofing your
schools, standing up for ALL students, and dealing with racism. They will teach NEA’s program “Just Schools” at the ESP Conference.
You may have interacted with the HCR Committee at our conferences, as they often collect food or donations
for End 68 Hrs of Hunger and the Centro Victoria Project. If you want to get involved or learn more about civil rights, contact Terry Burlingame at
tburlingame@hotmail.com.

DO YOU WORRY ABOUT MENTAL HEALTH
 ISSUES IN YOUR SCHOOLS OR FAMILIES?
NEA-NH has many resources available for
you right now. We have a Mental Health Resources Guide for services in New Hampshire, listing contact information, hotlines, and many varied resources for your family, friends, and students.

ONGOING TRAININGS
AVAILABLE TO YOU:
Mental Health First Aid—Youth (re: students ages 11-18)
Mental Health First Aid—Adult course
ACEs (two trainings on Adverse Childhood Experiences)
Trauma-Sensitive Schools and Classrooms
Youth Suicide Prevention Training and Resources
Educator Resilience
Violence in Schools
Vaping in Schools

Contact Irv Richardson at NEA-NH for info: (603) 715-9317.

“Spring is when you
feel like whistling,
even with a shoe full
of slush.”
— Doug Larson

Luna, our official Lakes Region mascot, as a fuzzy puppy.